## Southeast Regional Community Center

5260 Hickory Hollow Parkway Suite 202, Antioch, TN 37013 615-862-8902

Essential Worker After-School Special Activites Fitness Classes Gymnasium	Monday Hours: 6:00am-7:30pm	Tuesday Hours: 6:00am-7:30pm	Wednesday Hours: 6:00am-7:30pm	Thursday Hours: 6:00am-7:30pm	Friday Hours: 6:00am-7:30pm	Saturday Hours: 8:00am-12:00pm
Winter 20/21 Program Schedule (subject to change)	7:00am-4:30pm Essential Worker Program	7:00am-4:30pm Essential Worker Program	7:00am-4:30pm Essential Worker Program	7:00am-4:30pm Essential Worker Program	7:00am-4:30pm Essential Worker Program	8:30am-10:00am The Next Generation Academy(\$) w/Hillmans
Facilities Manager Thomas Floyd Program Coordinator	11:00am-3:00pm Adult Open Gym ½ Court	11:00am-3:00pm Adult Open Gym ½ Court	11:00am-3:00pm Adult Open Gym ½ Court	11:00am-3:00pm Adult Open Gym ½ Court	11:00am-3:00pm Adult Open Gym ½ Court	9:00am-10:00am Zumba (\$) w/ Dawn
Elona Tribue  Recreation Leaders Brittany Phillips	3:00pm-6:00pm After-School Enrichment Program	3:00pm-6:00pm After-School Enrichment Program	3:00pm-6:00pm After-School Enrichment Program	3:00pm-6:00pm After-School Enrichment Program	3:00pm-6:00pm After-School Enrichment Program	10:00am-11:30am Family Gym ½ Court
Charles Watkins Edgar Valentin Jacob Hunsicker Shaqua Nero Michael Green	6:00pm-7:00pm Teen Night ½ Court Gym	6:00pm-7:00pm Teen Night ½ Court Gym	6:00pm-7:00pm Adult Open Gym ½ Court	6:00pm-7:00pm Teen Night ½ Court Gym	6:00pm-7:00pm Family Night ½ Court Gym	Fees: (\$) – Paid Class  Fitness Classes \$4.00
		6:30pm-7:30pm Zumba (\$) w/Sandy Time change starts 12/1 6:00pm-7:00pm		6:30pm-7:30pm Zumba (\$) w/Sandy Time change starts 12/1 6:00pm-7:00pm	Like us on facebook.  @ "Southeast Regional	Daily Pass Adult \$3.00 Teens & Senior \$1.50  10 Visit Gym Pass Adult \$20.00 Teens & Senior \$10.00  Monthly Pass
North Control					Community Center"  www.nashville.gov	Adult \$30.00 Teens & Senior \$20.00  10 Pass Class Card \$40.00
METRO PARKS NASHVILLE						Teens 13-17 Senior 62 and up